Servings: 10



Notes: I use a zip type plastic bag to store the cole slaw so I can just turn it over a couple of times in the refrigerator while it's marinating in the dressing. I usually add more carrots than indicated. A lot more - like about 4-5 carrots.

- 1. Combine cabbage and carrots in a large bowl.
- 2. Mix dressing ingredients and stir to make sure all the sugar has dissolved.
- 3. Pour dressing over cabbage and toss well. Refrigerate at least two hours or overnight.
- 4. Stir well before serving.

8 cups cabbage, grated in food processor 1/4 cup carrot, grated in food processor DRESSING:

1/3 cup sugar

1/2 teaspoon salt

1/8 teaspoon pepper

1/4 cup milk

1/2 cup mayonnaise

1/4 cup buttermilk

1 1/2 tablespoons white vinegar

2 1/2 tablespoons lemon juice

Categories: Salads

Blog: Carolyn T's Blog: http://tastingspoons.com

Per Serving (excluding unknown items): 131 Calories; 10g Fat (62.0% calories from fat); 2g Protein; 12g Carbohydrate; 2g Dietary Fiber; 5mg Cholesterol; 193mg Sodium. Exchanges: 0 Grain(Starch); 1 Vegetable; 0 Fruit; 0 Non-Fat Milk; 1 Fat; 1/2 Other Carbohydrates.
Your Text Here

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