Crispy Potato Roast

Author: Martha Stewart's magazine, Everyday Food, 12/09

Alternate Source: http://www.marthastewart.com/recipe/crispy-potato-roast



Servings: 8

3 tablespoons unsalted butter, melted 3 tablespoons extra virgin olive oil 4 pounds russet potato, peeled 4 whole shallots, peeled, thickly sliced lengthwise coarse salt to taste

1/2 teaspoon red pepper flakes (1/2 to 1) optional

8 sprigs thyme

Per Serving (excluding unknown items): 278 Calories; 10g Fat (31.0% calories from fat); 5g Protein; 44g Carbohydrate; 5g Dietary Fiber; 12mg Cholesterol; 17mg Sodium. Exchanges: 3 Grain(Starch); 0 Vegetable; 2 Fat.

Thinly sliced potatoes, stood up sideways and oven roasted

This makes a really pretty presentation - and it's delicious besides. The thinner the slices, the more crispy the potatoes will be - at least on the edges.

From Carolyn T's Food Blog, Tasting Spoons: http://tastingspoons.com

1. Preheat oven to 375 degrees. In a small bowl, combine butter and oil. Brush bottom of a round 9-inch baking dish (a 9-inch pie plate will work) with some butter mixture. With a sharp knife or mandoline, slice potatoes very thinly crosswise.

2. Arrange potato slices vertically in dish. Wedge shallots throughout. Sprinkle with salt and red-pepper flakes (if using); brush with remaining butter mixture. Bake 1 1/4 hours. Add thyme and bake until potatoes are cooked through with a crisp top, about 35 minutes more.